

# TIMETABLE 2017



---

## **Starts 4.9**

### **Monday at 18.45-20.15**

Trainings in September:  
4., 11., 18. and 25.

Trainings in October:  
2., 9., 23. and 30.

Trainings in November:  
6., 13., 20. and 27.

### **Training place:**

**Hämeentie 105  
Studio Shamsina**

## **Starts 21.9:**

### **Thursday 20.30-21.50**

Trainings in September:  
21. and 28.

Trainings in October:  
5., 12., 19. and 26.

Trainings in November:  
2., 9., 16., 23. and 30.

### **Training place:**

**City Centre  
Fabianinkatu 20 unisport**